

# Wellbeing Questionnaire

## I. Subjective Wellbeing, individual wellbeing:

The following questions will ask how satisfied you are:

	Questions	1=Not satisfied	2= Fairly satisfied	3= Satisfied	4= Very Satisfied	5= Extremely Satisfied
1	How satisfied are you with your present life?					
2	How satisfied are you with relationships with your family members?					
3	How satisfied are you with relationships your neighbors?					
4	How satisfied are you with feeling a part of the H're community?					
5	How satisfied are you with your living standard?					
6	How satisfied are you with your achievements in life?					
7	How satisfied are you with the life you expect in the future?					

8. Overall how satisfied are you with your life as the whole?

Not satisfied		Extremely Satisfied
0	1   2   3   4   5   6   7   8   9	10
<input type="checkbox"/>	<input type="checkbox"/> — <input type="checkbox"/>	<input type="checkbox"/>

## II. Economic Wellbeing:

9. How often in the last 12 months did your family miss a meal or reduce the size of meals due to not having enough food?<sup>1</sup>

1. Never
2. Once or twice
3. Occasionally/Seasonally
4. One or more times a month
5. Don't know

10. Which of the following phrases best describes your present financial position? Please select one.

- 1 = Living okay on present income
- 2 = Getting by on present income
- 3 = Finding it difficult on present income

<sup>1</sup> 6 months land rest is for land to restore its vitality. 6-months during the H're life they use of practice cultural rituality.

4 = Finding it very difficult on present income

11. Please assess your family's economic condition over the last 12-months (tick one)

<i>Always in Deficit</i>	<i>Sometimes in deficit</i>	<i>Breaking Even</i>	<i>Well off</i>
1	2	3	4

12. The following questions will ask how satisfied you are with aspects of your economic situation.

Questions	<i>1= Not satisfied</i>	<i>2= Fairly satisfied</i>	<i>3= Satisfied</i>	<i>4= Very Satisfied</i>	<i>5= Extremely Satisfied</i>
How satisfied are you with your entire family economic situation?					
How satisfied are you with your capacity to deal with crop losses/shocks?					
How satisfied are you with your income from farming?					
How satisfied are you with your preparation for your future economic goals?					

13. Overall, how satisfied are you with your Economic Wellbeing?

Not satisfied		Extremely Satisfied
0	1   2   3   4   5   6   7   8   9	10
<input type="checkbox"/>	<input type="checkbox"/> — <input type="checkbox"/>	<input type="checkbox"/>

### III. Social Wellbeing

14. How often do you meet socially with friends/relatives?

- 1 = Never,
- 2 = Once or twice a year,
- 3 = Once or twice a month
- 4 = Once or twice a week

15. Please answer the following questions on support from friends and relatives ‘Yes’ or ‘No’ (Put in (✓) Mark). If your answer is yes, how supportive are your friends and relatives on a scale of 1-4 where 1= Highly supportive, 2= Moderately supportive, 3= Low level of support, 4= Not supportive

Questions	Yes (1)	No (2)	If yes how supportive they are			
			1	2	3	4
If you felt the need for support for a wedding, childbirth or delegation of responsibility, would you have friends or relatives that you can count on to help you whenever you need them?						
If you felt emotional problems/death/funeral/accident, would you have friends or relatives you can count on to help you whenever you need them?						
If you felt sick or social troubles, would you have friends or relatives you can count on to help you whenever you need them?						
If you felt in financial hardship, would you have friends or relatives you can count on to help you whenever you need them?						

16. Consider how satisfied you are with your social wellbeing:

Questions	1= Not satisfi ed	2= Fairly satisfi ed	3= Satisfi ed	4= Very Satisfi ed	5= Extremely Satisfied
How satisfied are you with the opportunities to meet other people outside your community?					
How satisfied are you with the level of social support in your community?					
How satisfied are you with the level of social security in your community?					

17. Overall, how satisfied are you with your Social Wellbeing?

Not satisfied		Extremely Satisfied
	<div style="display: flex; justify-content: space-around; align-items: center;"> <div style="text-align: center;">0</div> <div style="text-align: center;">1</div> <div style="text-align: center;">2</div> <div style="text-align: center;">3</div> <div style="text-align: center;">4</div> <div style="text-align: center;">5</div> <div style="text-align: center;">6</div> <div style="text-align: center;">7</div> <div style="text-align: center;">8</div> <div style="text-align: center;">9</div> <div style="text-align: center;">10</div> </div> <div style="display: flex; justify-content: space-around; align-items: center; margin-top: 10px;"> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> <div style="border: 1px solid black; width: 30px; height: 30px;"></div> </div>	

#### IV. Wellbeing in Farming

	Questions	1= <i>Not satisfied</i>	2= <i>Fairly satisfied</i>	3= <i>Satisfied</i>	4= <i>Very Satisfied</i>	5= <i>Extremely Satisfied</i>
18	How satisfied are you with your traditional farming ?					
19	How satisfied are you with your capacity/skills in processing farm the products? (post-harvest process)					
20	How satisfied are you with your capacity/skills on packaging farm products?					
21	How satisfied are you with your capacity/skills in communicating about farm production?					
22	How satisfied are you with your capacity/skills in transporting farm products to consumers?					
23	How satisfied are you with your farming income?					

24. Overall, how satisfied are you with your farming?

<b>Not satisfied</b>											<b>Extraordinarily Satisfied</b>
0	1	2	3	4	5	6	7	8	9	10	
<input type="checkbox"/>											

#### V. Community Wellbeing

26. Consider how satisfied you are with your community wellbeing based on the following questions:

Questions	<i>Not satisfied</i>	<i>Fairly satisfied</i>	<i>Satisfied</i>	<i>Very Satisfied</i>	<i>Extremely Satisfied</i>
How satisfied are you with resolving conflicts by applying H're customs?					
How satisfied are you with the level of peace and harmony in the community?					
How satisfied are you with H're customary law?					
How satisfied are you with your community leaders?					

27. Please rate the following community issues.

Questions	<i>Not at all</i>	<i>Very little</i>	<i>Little</i>	<i>Moderately</i>	<i>Very much</i>
How confident are you in the effectiveness of H're customary law?					
How cooperative are community members?					
How concerned do you feel the local administration (forest rangers, People's Committee members) is about H're local community-development?					

28. Have you experienced things (money or assets) being taken from you or know of things being taken from another household? (Make circle) 1= Yes, 2 = No

29. What type of the following issues have you faced in your community within the last 12 months?

- 1= Physical illness
- 2= Mental stress
- 3= Relationship problems between man and woman,
- 4= Political conflict
- 5= Police investigations
- 6= False Case ???
- 7= None
- 8= others [Please specify]

30. Overall, how satisfied are you with Community Wellbeing?

Not satisfied											Extremely Satisfied
0	1	2	3	4	5	6	7	8	9	10	
<input type="checkbox"/>											

## VI. Physical Wellbeing

31. Have you experienced any of the following in your life? If 'Yes' then indicate the level of occurrence.

	Yes	No	<i>[If yes] Negative aspects exist</i>				
			<i>Never</i>	<i>Rarely</i>	<i>Some times</i>	<i>Often</i>	<i>Very often</i>
Excessive consumption of alcohol/drugs							
Not enough sleep/irregular sleep							
Not enough leisure time							
Work related stress							

Social, political, financial, familial stress							
Long-term illness							
Fear of being attacked							

32. Please rate your satisfaction level of the following :

	<i>1 Not satisfied</i>	<i>2 Fairly Satisfied</i>	<i>3 Satisfied</i>	<i>4 Very Satisfied</i>	<i>5 Extremel y Satisfied</i>
How satisfied are you with your physical and mental health?					
How satisfied are you with the availability and accessibility of quality health care in your community?					

33. Overall, how satisfied are you with your Physical Wellbeing?

<b>Not satisfied</b>											<b>Extremely Satisfied</b>	
	0	1	2	3	4	5	6	7	8	9	10	
	<input type="checkbox"/>											

